



October 20, 2014

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## Upcoming Conference Calls

Our next **Local Agency Conference Call** is November 6, 2014 at 9:00am. Please be sure to have someone from your agency available to attend this call. The agenda and call in information will be posted in next week's newsletter.

The next **Breastfeeding Peer Counselor Program Conference Call** will be held on October 29, 2014, from 9:00 am to 10:00 am. If you have any agenda items for the next call, please send them to [Chris](#) by noon on Friday, October 24th. The next call after this one will be February 2015.

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## Changing to Skim or Low-fat Milk

We understand that there are challenges with the change in milk from 2% to 1% or skim for participants over 2 years of age. Please use the three resources below for talking points and participant education:

[Helping WIC Participants Make the Switch](#)

[Lowfat Milk is a Healthy Choice](#)

[Milk Inserts for Participant Booklets](#)

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## Montana Prematurity Summit

Learn about the FREE [Montana Prematurity Summit](#) being held in Billings on November 14, 2014. Nursing credits and WIC CEUs are available if you attend.

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## Ebola Outbreak

If you would like information about the outbreak, signs and symptoms, and recommendations for the public, please see the [CDC website](#). In addition, the Montana DPHHS has set up a hotline to field inquiries about Ebola at (406) 444-0273.

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Help us keep the distribution list updated - send e-mail address changes, additions and deletions to the WIC State Office at 1-800-433-4298.

A copy of all newsletters can be found on the WIC website - go to <http://wic.mt.gov>

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